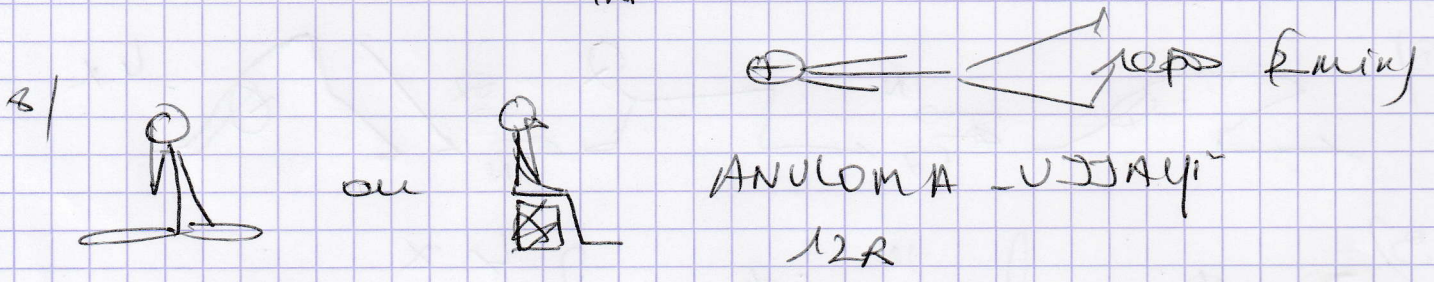
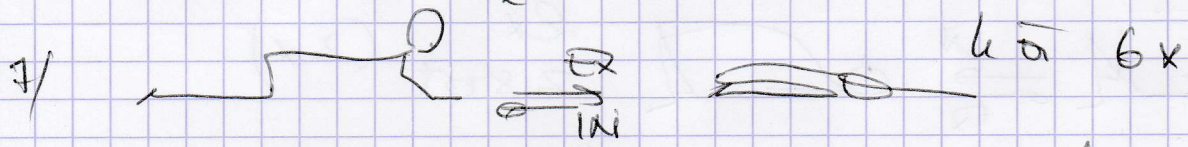
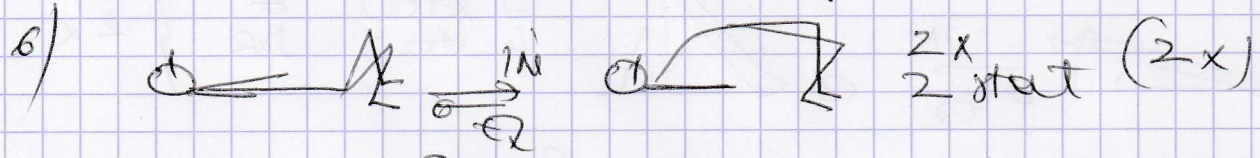
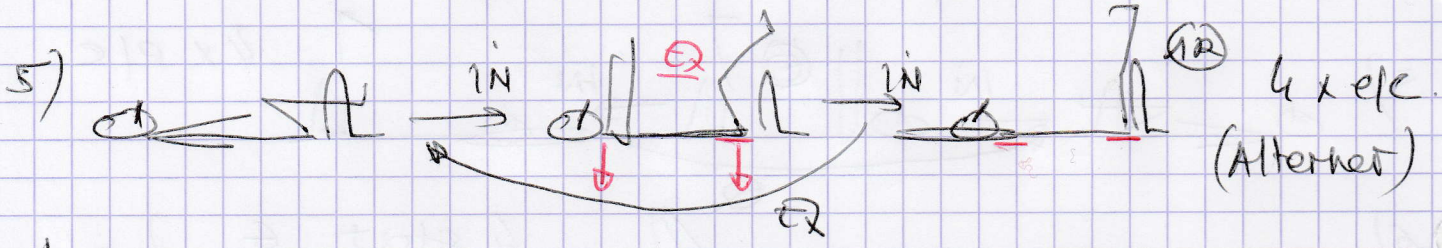
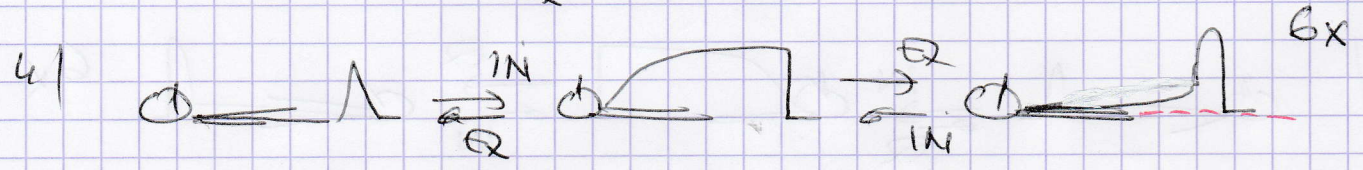
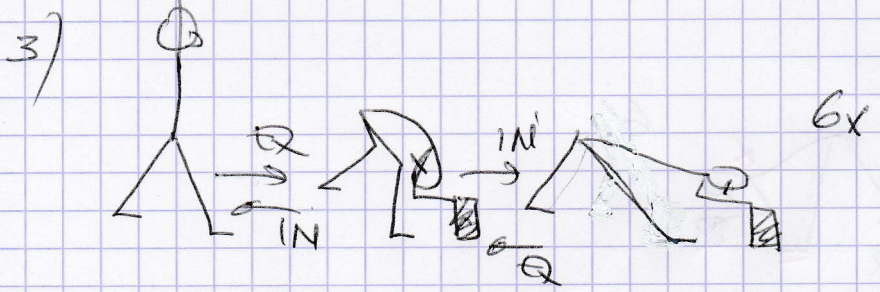
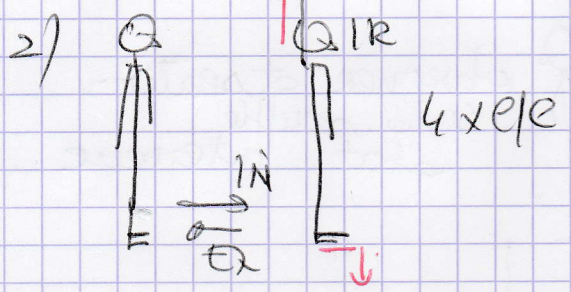


NARS - AVRIL 2021 (1^{re} partie)

1) \odot observer et sentir
 - bps, souffle
 état intérieur



(tuple) =

$$\begin{aligned}
 & 1R \begin{bmatrix} IN : 2N \text{ (UJJAYI)} \\ EX : NG \text{ (1/2 bouchee)} \end{bmatrix} \\
 & + \\
 & 1R \begin{bmatrix} IN : 2N \text{ (UJJAYI)} \\ EX : MD \text{ (1/2 bouchee)} \end{bmatrix}
 \end{aligned}$$