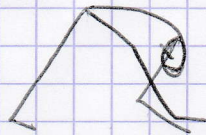
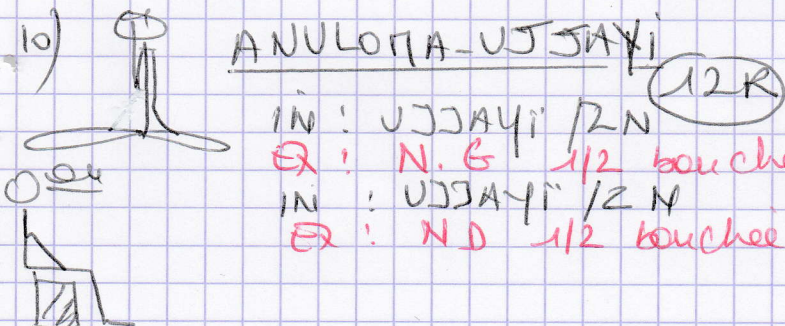
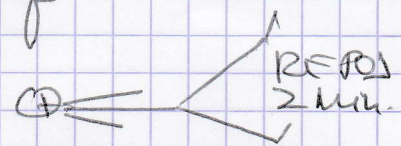
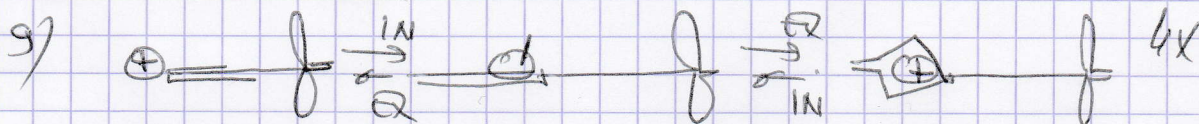
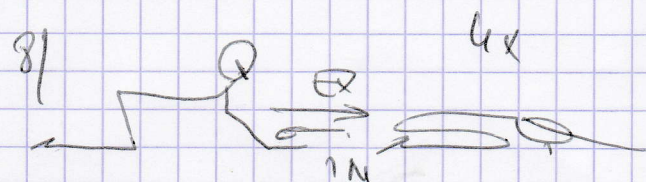
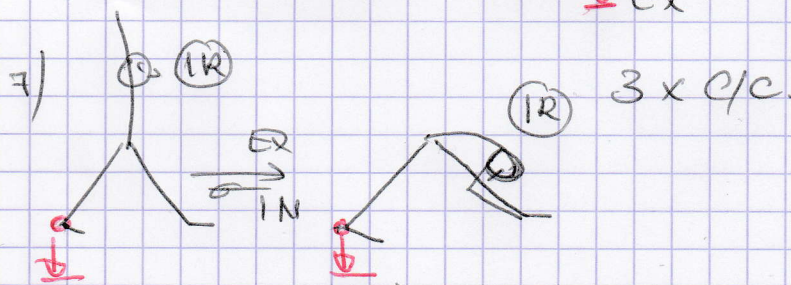
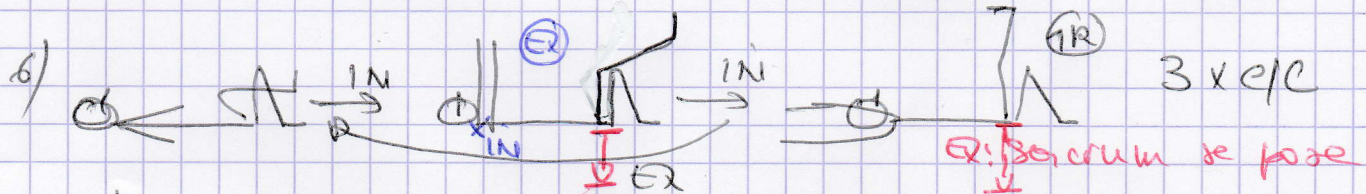
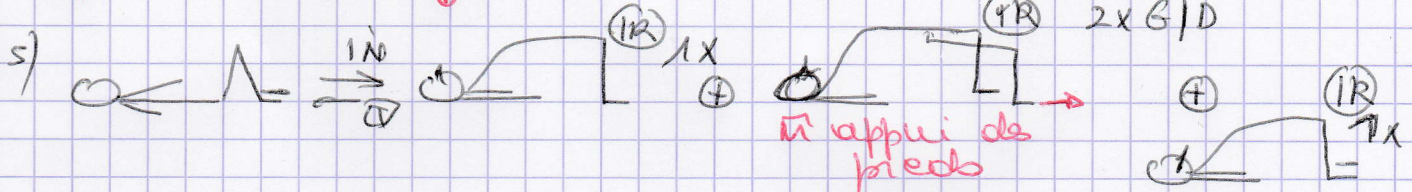
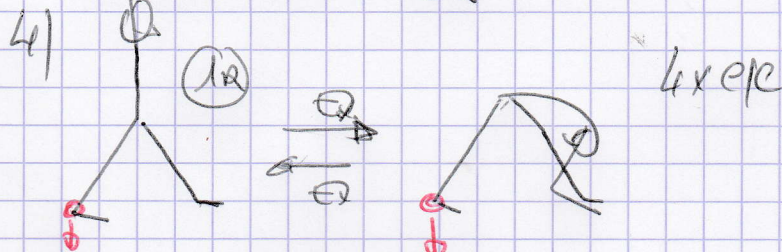
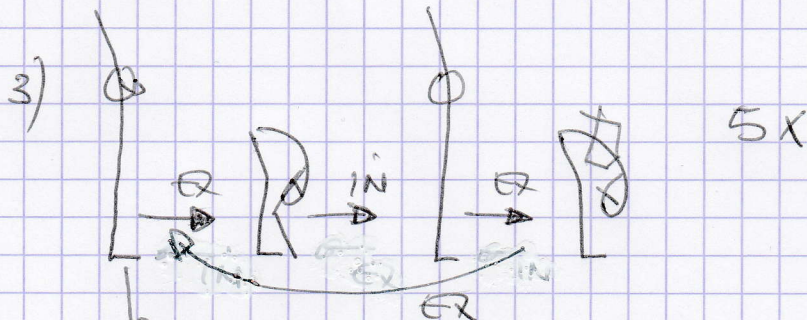
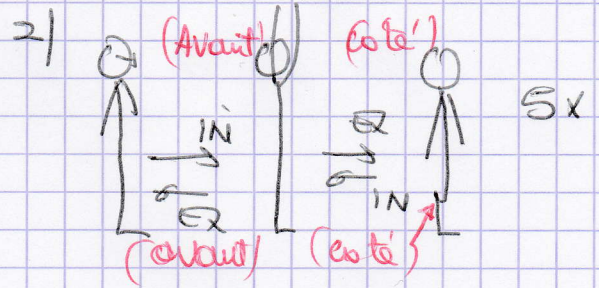
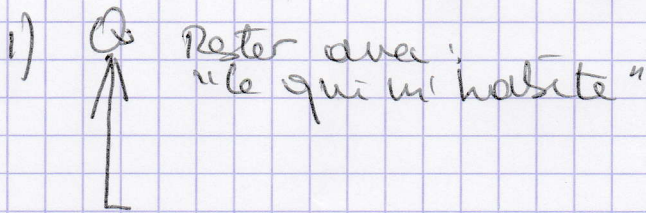


EXPLORER :



PARŚVA UTTANĀSANA

"étirement latéral intense"



Méditation =
"fraccueille ce qui vient"